



April 2025

IT'S BACK...

After a hand-off of editorship, we would like to reintroduce you to the Unity of Tustin NEWSletter! First, we want to give a very big THANK YOU to Beverly "Bev" Campbell and her team for the creation of the newsletter. It helps keep us informed and gives us a deeper look into the things happening within our wonderful spiritual community and the ministries that support us.

Our new team consists of: AJ Lipscomb - Editor in Chief, Kirk Reeve - Editor, Brad Dybel - Man in the Field, & Craig Provost - Formatting and Creative Design. We look forward to bringing you an issue every other month to keep you "in the know!"

What can you expect from our NEWSletter? We plan to have regular sharing of wisdom and information from our Spiritual Ministry Team (SMT) as well as information on activities of the other ministries throughout our community. We will keep you up-to-date on our growing Youth and Family Life ministry and special reports and interviews from Brad. We will also include Kirk's Corner and book review, as well as fun and creative activities, artwork and interactive opportunities.

So whether you are a new member, or you've been with Unity and/or Unity of Tustin a while, we hope you will find the newsletter to be both informative and entertaining!



You can refer to the last page for ways you can receive the newsletter and also give us input on things you would like to see in it.

Thank you for trusting & supporting us as we take this on!

Blessings,
AJ

WHEN WAS THE LAST TIME YOU NOURISHED YOURSELF WITH A SOUL STROLL THROUGH UNITY'S UNIQUE MEDITATION GARDENS ?



Sometimes it's easy to forget how energizing a stroll through the meditations gardens can be ! **Can you find where in the gardens these objects live ?**

THE POWER OF ONE GREEN BAG

Food Banks across the country are scrambling to make up a \$500 million budget shortfall after funds were frozen for hundreds of shipments of produce, poultry and other items that states had planned to distribute to needy residents. Sandra Benson, Director Sunday Supper stated that this shortfall will greatly impact the variety of food donations OC Second Harvest Food Bank can distribute to its many partners. "Tough times are ahead for sure. But I know how much each of our six congregations are invested in finding creative ways to continue to offer our guests a weekly nutritious meal and groceries to help stock their pantries and backpacks."

One of these creative ways is our Unity Green Bag program. Please consider picking up a reusable Green Bag at the welcome table. Fill it with some of the items on the list provided inside. Return it on the 2nd Sunday of the month, or any Sunday that is convenient for you. All items are distributed at the Sunday Supper grocery tables.

Together with our six Sunday Supper partners, Aldersgate Methodist Church, St. Paul's Episcopal Church, Trinity Episcopal Church, Congregation B'nai Israel, and City Gate Church, we will continue this essential community service. And so it is written in all the sacred texts, Feed the Hungry. For further information contact: susan@jongilmoredesigns.com



THE OPEN DOOR BOOK AND MORE

The Open Door is your information hub! We have books on a variety of subjects to deepen your understanding on your spiritual journey, gifts, greeting cards, up-to-date info on regular and ongoing events and groups, maps and so much more. Things are slowly but surely coming together as the Open Door settles in and welcomes visitors before and after services on Sundays. We recently added new hours of operation so we are now open on Tuesdays (11:30am-2:30pm) and Wednesdays (6:30pm-7:30pm). It will also be open for major events being held on the grounds. Come **connect** and **explore** at the Open Door!



The Open Door is also looking for volunteers to welcome guests one Sunday a month before service from 10am-11am and after service until 1pm. For more information please call or text Stephanie Aho at 949-836-1231

THE CASE FOR REINCARNATION, BY JAMES DILLET FREEMAN

What am I? What are you?
What country do we journey from?
What country do we journey to?
Out of a mystery we come
Into this mystery where we
Go to another mystery.



In the meantime, he was a writer for Unity Magazine and The Daily Word. His views on reincarnation evolved from many talks on the subject, and then formal lectures. As he prepared the manuscript for this book, he decided to stick with the conversational style of his lectures to make reading easier.

As Freeman wrote, he came to see that the best way to look at life and death is not to see them as two separate subjects, but as one continuous experience, intertwined and indivisible, each containing the other, each forming out of the other into the other.

By Kirk Reeve

SONG OF THE EARTH: NATIVE AMERICAN HEALING CIRCLE WITH MOTHER ADELIA

This past gathering in Youth & Family Life was a profound celebration of connection, wisdom, and the sacred medicine of the Golden Eagle. With Mother Adelia as our guide, we were invited into a deeper awareness of the earth's spirit and our own divine connection within the great web of life.

The Golden Eagle is a sacred symbol of vision, strength, and divine presence. As it soars high above, it sees with clarity, gliding effortlessly with the currents of the wind. It does not resist, it trusts, it surrenders, it flows. And in that surrender, it finds true power.

Just as the Creator resides within the Eagle, guiding its path, that same divine essence dwells within each of us. When we attune ourselves to Spirit, we too can rise above the details of daily life and see from a higher perspective. We can move with grace rather than struggle, trusting in the unseen forces that support our journey.

Mother Adelia holds Song of The Earth Native American healing circles at Unity of Tustin once a quarter and is the Spiritual Leader and Cultural Director for the Juaneño Band of Mission Indians/the Acjachemen Nation, the Indigenous People of Orange County, California. Her wisdom reminds us that life is not meant to be a constant battle against the currents, but rather a sacred dance with them. When we align ourselves with Spirit, we navigate life with trust, much like the Eagle soaring effortlessly through the sky.

This time together was a gift, a moment of reflection, healing, and deep remembrance of the wisdom that is always available when we open our hearts and listen. We are deeply grateful for Mother Adelia's presence at Unity of Tustin and for the opportunity to learn, grow, and soar together.

As we step forward, may we carry the medicine of the Golden Eagle in our hearts, remembering that we, too, are meant to rise. By Erin Hostetler



How to Access the Newsletter Online

- Go to UnityTustin.org
- Click on the heading "About"
- Click on "Community Updates"
- Click on "Monthly Newsletters"

or use the camera app on your phone to scan the QR code

