

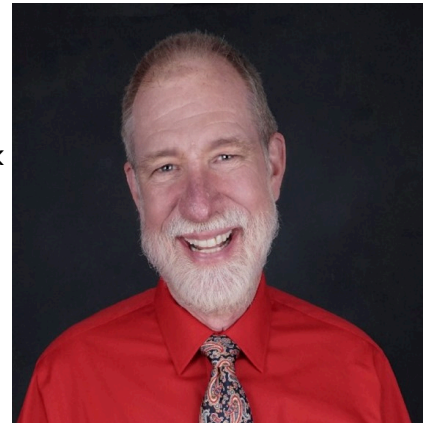


January 2025 ~ Happy New Year!

“Rev. Blair asks “What is Your In-Look for 2025?”

What is your outlook for 2025? As we look out **at** the world, it seems pretty messy, and maybe for you even scary. When we look at the forever kaleidoscopic contortions of the appearances and disappearances of the material world, it is easy to be uneasy. Remember, the outer world is simply the effects of projections of consciousness.

More important than your outlook is your **in-look**. Taking an **in-look**, your thought processes can be the object of your awareness. “What am I thinking?” is always an important



inquiry. Recognize that you are not your thoughts and you do not have to believe everything you think. As you stop investing energy in thoughts, you find your energy is free to flow for the renewal and realignment of your deep sense of self.

Taking an **in-look**, be present to your breath, breathing in and out with the ease of a gentle breeze. With your breath filling you with peace, extend your awareness to your whole body and bathe yourself in radiant spiritual light.

Taking an in-look, more than your physical, emotional, mental, and social beingness, you are a spiritual being. Rest in the eternalness of your Christ-self. Just be with Beingness.

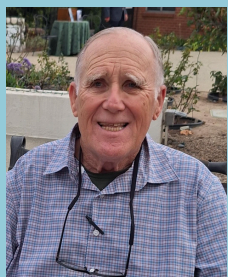
You can take an **in-look** anytime during your day. Whatever is happening around you, your inner awareness can bring spiritual depth to your experience and peace to those around you.

May your new year be punctuated with **in-looks** that illumine your life and your world.

Bountiful blessings!

Rev. Blair

UNITY OF TUSTIN'S FUTURE AS SEEN BY OUR BOARD PRESIDENT



We are a small but mighty church, and LOVE is our greatest asset. This church is the vehicle used to express that Love! Its Board of Directors, with the help of its Advisory Committee, gathers data for wise decision making in order to insure the best results possible in guiding Unity of Tustin into the future. Financial stability is among the highest priorities. It enables us to express LOVE in greater and greater ways.

Being financially solvent, along with growing in Christ consciousness, will launch us in every way and make us a spiritual refuge where seekers come to find enlightened ways of being. We are the Sangho. We are the Buddha.

Each of us is a vision board which connects to our Source through prayer and meditation. I am suggesting here that we communicate with each other and share each other's vision of our community's future. Dream big. We need each other and the world needs each of us to create the New Earth we all seek.

By Terry Deming







BE YE TRANSFORMED, ACTS THROUGH REVELATION METAPHYSICALLY INTERPRETED, BY ELIZABETH SAND TURNER

Elizabeth Sand Turner (1897–1979) served Unity as education director of the ministerial school, as a field lecturer, and as minister of Unity churches in Nashville, Tennessee and Fort Lauderdale, Florida. She is best known today as the author of the trilogy of books that metaphysically interprets the Bible:

Let There Be Light (1954) -- The Old Testament.

Your Hope of Glory (1959) -- The Gospels: The life and teachings of Jesus.

Be Ye Transformed (1969) -- The Books of Acts through Revelation.

All three would be valued additions to one's personal library, and can be ordered at the **Open Door**.

By Kirk Reeve

THE DIVERSITY OF SPIRIT GROUP PROJECTS

SpiritGroups, Unity of Tustin's small group discussion circles, typically end their activities with a service project as well as a social outing. This fall's groups came up with particularly noteworthy projects. For example, 18 members from three groups volunteered at the **Dino Dash**, a popular 5k run benefitting the Tustin Public Schools Foundation that is held annually in November at the Tustin Marketplace. Group members helped people play the ring toss game at Unity of Tustin's booth, and also helped serve goodies at the event's food court.

The Monday morning **SpiritGroup** combined its social outing with its service project by meeting for lunch at **Ruby's Restaurant** during the fundraiser week benefitting our Youth and Family Life.

The Wednesday afternoon group donated several dinners to a **women's shelter**, and met in Victoria House to hand-draw designs on the food bags.

The Friday afternoon group donated food to **PATH**, a residence for the homeless in Santa Ana. Each of its 400 residents has a sleeping cubicle that also serves to protect belongings, and many social services are active there, too. **PATH** welcomes money donations from the community for residents to take with them when they obtain permanent housing.

The Saturday afternoon group created notecards with positive Unity messages that were placed on cars in our church parking lot during the December 1st service.

Through Unity of Tustin's **SpiritGroups**, our culture of service/giving back is maturing and getting more creative. In this way, we move from **ME**, to **WE** as **Unity of Tustin**, and on to **WE** as our greater community. We are embodying our power to be a positive force for good!



By Kathy Andrews