



YOU ARE INVITED TO OUR COMMUNITY UNITED IN LIGHT

The third annual United in Light event is happening Saturday, December 7, from 5 PM to 8 PM. This beautiful gathering came into being after Harvey Beery and Connie Carter were inspired by the holiday light show put on each year by another local garden. They thought, "Well, WE have a wonderful garden! If they can do it, why can't we?"

The invitation to create and decorate went out to our Unity of Tustin Community, which responded by lighting up our grounds to look like an enchanted fairyland. We're doing it again this year! Come join us for a stroll through the illuminated gardens. Listen to Christmas music wafting through the evening sky. Sip hot cocoa and hot spiced apple cider. Gather at 6:30 to raise our voices together singing traditional carols.

Santa will be in residence in the Gazebo, meeting with children and handing out candy canes. There will be activities and crafts for children and adults. Erin and the YFL will provide delectable baked treats to go with your hot beverage.

Best of all, this event gives our community the opportunity to celebrate the festive, sacred, holiday season in our own gorgeous back yard . . . **together!**

Bring your friends, neighbors, and family - all are welcome to this free, family event. Merry Christmas, Happy Holidays, and Blessings to all!

By Connie Carter Edited KR



Holiday One-Liner





Lessons in Truth, by H. Emilie Cady, Centennial 1903–2003 Edition, Unity Books.

By Kirk Reeve

Harriet Emilie Cady was an American homeopathic physician and author of New Thought spiritual writings. Her series of articles entitled *Lessons in Truth: A Course of Twelve Lessons in Practical Christianity* was first published in *Unity Magazine* in 1894–1895, and then in a single volume in 1903. Since then, it has become regarded as one of the core texts on Unity Church teachings.

Early in her spiritual studies, Dr. Cady was inspired and influenced by contemporaries Ralph Waldo Emerson, Emma Curtis Hopkins, Mary Baker Eddy, Emmet Fox, Ernest Holmes, and Charles & Myrtle Fillmore.

Lessons in Truth is a clear, concise representation of New Thought philosophy and metaphysical Christianity. The spiritual concepts presented show us how to increase our personal empowerment and enhance our spiritual growth. Dr. Cady teaches that our lives can be transformed by the power of our thoughts, words, and beliefs. She encourages us to find our own truth as it is written in our heart, and then apply our truth in every aspect of life.

Here are Dr. Cady's own words, "You may study with human teachers and from man-made books until doomsday; you may get all the theological lore of the ages; you may understand intellectually all the statements of Truth, and be able to prate healing formulas as glibly as oil flows, but until there is a definite inner revealing of the reality of an indwelling Christ through whom and by whom come life, health, peace, power, all things—aye, who is all things—you have not yet found the friendship of the Lord."

Seniors Having Fun!

At our last Seniors meeting on October 31st., thirty-two Seniors enjoyed the event together. Meeting first in the Sanctuary, we were given lots of valuable information on Medicare, Part D by **Beatrice** from **Orange County Council on Aging**. Thank goodness she is so knowledgeable and completely unbiased! She was able to help us with the current and complex open enrollment period requirements of Medicare.

We then had a competition for the best Halloween hat worn that day, and Joe Hill nabbed first prize with his outstanding football hat. Wizard Herb Michel received second prize.

All of us enjoyed a delicious lunch from the potluck donors as we sat outside basking in the lovely fall weather. It is such a joy to be part of this caring, lively group of youthful seniors at Unity of Tustin! Our next meeting will be December 10th at noon for our Christmas party. Come and join us!



By Bev Campbell Edited KR

Celebrating the Sacred Season By Craig Phillips "Don't you know? The Kingdom of Heaven is within you." – Yeshua of Nazareth

As we enter the Holiday Season, we can easily find ourselves overwhelmed by the constant demand of places to go, things to do, and people to see. Between shopping (even if it is online), parties, and decorating, we can easily find ourselves exhausted and depleted, sometimes to the point where we get sick or depressed. Yet many sages and spiritual traditions have pointed to the month of December and the beginning of Winter as the most powerfully transformative and spiritual season of the year. Not only is it the time when we celebrate the birth of Christ on December 25th, but it is also the time of the Winter Solstice,



Hanukah, and Kwanzaa. Besides these holidays, Buddhists around the world remember Bodhi Day on Dec. 8th; which celebrates the Buddha's enlightenment under the Bodhi tree.

This sacred time of year calls to us to let go of our habitual "doing", and instead, allow ourselves to relax, breathe and 'Be'. If we actually slow down and listen to the call of our own hearts during this powerful time, we might feel the pull to meditate and feel the **stillness** within and around us. This can lead to the deep healing and rejuvenation for which our bodies, minds and spirits are yearning.

As you honor the Sacred Season this year, I encourage you to take advantage of this powerfully transformative time by turning your focus to the **"Kingdom Within"**, and opening yourself to the true gifts that are available to you there -- the deepest **stillness** within your own body, the **silence** within your own Being, and the **All-encompassing Love** within your own heart. What better "gifts" can you possibly give to yourself, to others, and to the world around you during this Sacred Time?

Edited KR

A "Magical" Full Moon Labyrinth Walk

By Sue Tyner

The Full Moon Gratitude Walk on November 15th was attended by over 30 people, some who had never been on our campus before. It was a "supermoon", a particularly bright and brilliant full moon due to its proximity to the earth. The next supermoon will not be until October of 2025, so those who attended experienced the last supermoon we will see for almost a year!

Gratitude was the theme of this walk as we prepared for the Thanksgiving holiday. We held two closing circles where participants had the opportunity to share about their experience. The sharing was a testament to the power of the labyrinth as a spiritual tool to help us connect with our higher selves, with each other, and with the Divine within all of us. Several who shared used the word "magical" to describe their experience.

We will be lighting the labyrinth for **United in Light** on December 7th. The labyrinth will be available to walk throughout the event, and members of the Labyrinth Ministry will be there to offer guidance and answer questions.

All members of the Labyrinth Ministry completed Veriditas Labyrinth Facilitator Training last month, so they have much wisdom to share about the labyrinth. Many members of the ministry will pursue certification, requiring them to lead three walks within the next year. If you are part of a group that would like to arrange a facilitated labyrinth walk on our campus, please contact Sue Tyner at suetyner@cox.net. Edited KR



Unity of Tustin Community Meeting of November 10th

This meeting gave us a third-quarter update regarding the business of the Board of Directors, with the regular annual meeting scheduled for next March.

Treasurer Kim Manning kicked things off with reports on Revenue and Expenditures, and Assets and Liabilities. The good news from each is a positive current budget balance of \$7,007, and liabilities of only \$689 since there is no longer a mortgage on church property.

President Terry Deming was next, speaking about building needs. Major focus was on building roofs which will soon require major expenditures for repair or replacement. The Board intends to report in March on estimated life spans, cost of replacement, and deferred maintenance budgeting, plus a similar future look at other capital outlay items such as sprinklers and heating/air conditioning.

Member Doug Anderson spoke about the two on-going potential income-producing projects high on the Board's list of priorities: The Preschool Project and the Celebration of Life Project. He particularly praised the Advisory Committee for providing the Board with in-depth information and valuable suggestions.

Erin Hostetler and Board Secretary Holly Leo spoke about Youth & Family Outreach efforts and accomplishments. Erin focused on growth in numbers of participating youngsters, integration with community activities, and "The Family Room" (former bookstore) now utilized by youth and adults for a variety of meaningful purposes. Holly focused on parent involvement, Spirit Group childcare, and participation in PRIDE and DINO DASH activities.

Mary Jeanne Hawes spoke for Board Member Adam Macdonald about a Welcoming Video being created by Adam, and also the future possibility of renting church grounds to film production companies. Also noted regarding the Preschool Project was that a Preschool Specialist is now working with the Board as an agent in identifying and contacting potential partners, and that one such party has made an offer.

To end the meeting, Stephanie Aho extended an invitation for all to visit the **Open Door** -- Unity of Tustin's new and appealing bookstore and reading center.

By Kirk Reeve

How to Access the Newsletter Online:

- Go to UnityTustin.org
 - Click on the heading "About"
 - Click on "Community Updates"
 - Click on "Monthly Newsletters"
- or use the camera app on your phone to scan the QR code

