

October 2024

### THE "OPEN DOOR" IS NOW OPEN!

By Stephanie Aho

Yes, the time has arrived! Such a blessing! Such a joy it is to reveal this rebirth of the entity that was so beloved for decades. We hold the special memory of Kay Hultgren and the wonderful energy that she brought forth to help create and maintain our former bookstore, **Timeless Wisdom**. We honor Kay, and trust that her spirit is with us and within our new space as we now move forward with our mission: "To be an inviting, inspirational space to **connect** – with Unity of Tustin and with materials for spiritual and personal exploration."



We are so grateful to all who have given their encouragement and support in so many ways throughout this transition. Now we are again putting forth the call for volunteers (...Ask and ye shall receive...). There will be a sign-up sheet on the Welcome Table for those who would like to know more about ways to help serve in this emerging ministry.

So, what is the **Open Door**? Yes, we have books & gifts as before...but we are more than that! We are a resource center, info hub, and a communal place of peace, love & beauty in the spirit of the rest of our Campus of Consciousness.

We look forward to having everyone visit & participate with curiosity, open minds & open hearts...Knock & the door will be open! Come "Connect & Explore at the Open Door!"

## Seniors for Seniors – Why should I be interested?



**Seniors for Seniors** started almost two years ago. The idea was to give Seniors an opportunity to get to know one another, enjoy a meal together, and learn something about survival mode as an older person. We have been meeting the last Thursday of the month at noon, and usually have 35 – 50 people attend. Our half-hour topics have included Scams & Frauds on the Senior Population, Update on Medicare, Support for

Caregivers, Home Decluttering, Introduction to Artificial Intelligence, and Computer Applications Helpful to Seniors. We make new friends at lunch as we enjoy a lovely time on our beautiful grounds. And then there are the Celebrate Life Parties, two a year, Christmas and June.

Do think about joining us! There is no charge beyond bringing food or a love offering should you care to do so.

By Bev Campbell

page 2 October 2024



Adapted by Kathleen Andrews from <u>Myrtle Fillmore's Healing Letters</u>, Compiled by Frances W. Foulkes

# Myrtle Fillmore's Perspective on a Frustrating Work Situation

Dear Myrtle,

After putting into practice Chapters 1 and 3 of the 15 Commitments of Conscious Leadership, it feels good to have clarity on the specific areas I am 100% responsible for where I work. However, I'm feeling anger and sadness about a number of situations there that I can't do anything about. Things are a mess at the office, and I'm not always at my best in responding to the circumstances. What's your advice?

#### Dearheart,

It sounds like you are aware of your sensitive soul, and aware of the suffering of humanity. When we can look at life through eyes that see only God the good, we can keep our poise. We see not frenzy of ignorance and anxiety, the mists of seeming failure, the gray lack of love. I encourage you to open the heart to a great feeling of love for humanity. Through study, we see the radiance of the Christ Consciousness shining through men and women everywhere, perhaps a little here and a little there, but shining surely to bring forth the fruits of His planning. I am sure that if we allow the intelligence within us to appropriate only the good and that which keeps us looking up, we too shall be conscious of good only, and we will grow just as perfectly as the lily growing in mud.

Also, it sounds like you've benefitted quite a bit after practicing two of the 15 Commitments. I look forward to hearing back from you after you've practiced the remaining 13. Lovingly,

Myrtle Fillmore

## Honoring our Unity of Tustin's Advisory Committee

We're excited to highlight one of Unity of Tustin's newest initiatives: the **Advisory Committee**. The "AC" team is on a mission to dive deep into issues that affect our community, helping the Board make smarter, more informed decisions. This energetic group is a vibrant blend of past board members and community leaders, who bring their love for UoT and valuable experience, along with newer members who offer fresh, innovative perspectives.

It's important to note, the AC is purely advisory—so no fiduciary duties, legal responsibilities, or heavy decision-making pressures here!

For example, the AC recently tackled the research for our exciting Preschool initiative, helping us select a broker and crunching all the numbers on break-even points and profit margins. This gave the Board the insights needed to make the best decisions. Right now, they're diving into research on costs and fees for Celebrations of Life, so we can offer well-informed pricing for those outside of our community seeking such services.

On behalf of the Board and our entire community, a huge thank you to the fantastic members of the Advisory Committee. Appointed by Chair Beverley Campbell and approved by the Board, these dedicated folks are sharing their time, talents, and love for Unity of Tustin in ways that are making a real difference.

page 3 October 2024

## **Meet Your Advisory Commitee**



**Beverley Campbell,** Chair



**Donna Liske** 





**Steve Smith** 



**Doug Anderson Board Liason** 



John Hawes



Lisa Kolibar



Marco Bello

Mission: The Advisory Committee to the Board consists of appointed volunteers tasked with assisting the Board of Directors of Unity of Tustin through independent, non-biased research and personal experience by providing information for sound decision-making. The Advisory Committee has no fiduciary duties or legal responsibilities, and has no decision-making authority.

page 4 October 2024

## Walking a Sacred Path with the Labyrinth Ministry

The newly formed and evolving Labyrinth Ministry participated in Unity's World Day of Prayer on September 12th by organizing the closing ceremony, including a labyrinth walk. Those who attended learned about the three "R's" of walking a labyrinth, heard inspirational messages related to the theme of prayer and being present to the Divine, and walked the labyrinth while listening to Daniel Nahmod's beautiful song, "When I Pray." Everyone received a candle and a prayer card in the center of the labyrinth representing the second "R" of walking a labyrinth – "Receive". The event closed with a heartfelt sharing circle and closing prayer led by members of the Labyrinth Ministry.



There are seven members of the Labyrinth Ministry (Claire Purcell, Joy Emig-Boyd, Kathy Andrews, Lynn Wood, Meredith Carter, Sharareh Namjoo, and Sue Tyner), all of whom will be attending Labyrinth Facilitator Training in late October offered by Veriditas, a non-profit organization dedicated to inspiring transformation and renewal through the labyrinth experience. There is much energy and enthusiasm within this ministry team, and we look forward to offering more events after our training.

Our next event will be a Full Moon Gratitude Labyrinth Walk on the evening of Friday, November 15th. Details will be available closer to the event. We hope you will join us in walking the sacred path of the labyrinth and learning more about this powerful spiritual tool that we are so fortunate to have on our beautiful grounds!

By Sue Tyner

#### How to Access the Newsletter Online:

- Go to UnityTustin.org
- Click on the heading "About"
- Click on "Community Updates"
- Click on "Monthy Newsletters"

or use the camera app on your phone to scan the QR code

