

# UNITY *of* TUSTIN

*One God, One Heart, Many Paths*

# NEWSLETTER



September 2024

## Unity's World Day of Prayer on September 12th

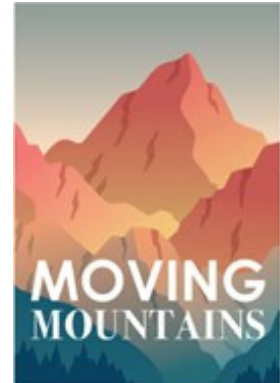
By Marty Beery

Several years ago, while on a retreat at Unity Village, Harvey and I attended Unity's World Day of Prayer ceremony. What an eye-opening experience it was for us as we entered the Village Chapel and saw the front stage area literally stacked with close to a million prayer requests from around the world.

It was impressive to learn that every name submitted was going to be individually and lovingly prayed for in the silence by volunteers. Harvey and I felt honored to be among the sacred prayer team volunteers, along with others from around the world.

Newcomers to our mystical, spiritual church community may not realize that Unity's World Day of Prayer is both a global event centered at Unity Village...and a local event taking place right here at Unity of Tustin! This year's theme is: *Fueled by Faith, I Can Move Mountains.*

Please join us at NOON on Thursday, September 12th for the **Opening Ceremony** in our Sanctuary, with Reiki treatment opportunities and time for silent meditation afterwards. Stay for any length of time you wish to pray with a Prayer Chaplain, visit the 8 meditation sites in our Sacred Gardens, and leave a prayer on the Listening Tree. The **Closing Ceremony** starts at 6 p.m. and will include a Labrinth Walk.



## Sunday Supper Donations Need Your Help!

**Second Harvest** notified our Sunday Supper Program **that it can no longer maintain its past amount and variety of food donations unless it receives more help -- food donations or money to buy food.** How can we help? Our Unity of Tustin Green Bag Food Project makes it easy. It is a donor drive designed to create a continuous cycle of collected food items for Sunday Supper's weekly grocery tables. After dinner, our guests, which include low-income seniors, families, and the unhoused, receive a bag of groceries to help stock their pantries or backpacks. This is how Unity's Green Bag Program works:



- 1) Pick up your reusable Green Bag and food list from the Outreach table.
- 2) Fill your bag with requested food as you grocery shop over the next 2 months.
- 3) Exchange your filled bag for an empty one at Unity every other month on the designated Sunday from 10:30 to Noon.

### OUR NEXT GREEN BAG EXCHANGE IS SUNDAY, SEPT. 15TH, 10:30 TO NOON



No time to shop? Checks and Cash are accepted. We will shop for you. "Thank you, Unity for promoting this project. Last month we were 200 lbs. short on our Second Harvest delivery. It was a blessing to have the contents of those bags to be able to offer a variety of items to our guests."

Sandra Benson, Sunday Supper Director.

By Susan Gilmore: [susan@jongilmoredesigns.com](mailto:susan@jongilmoredesigns.com) or text (714) 308-9614 for info.

## "In All Things Give Thanks"

By Rev. Blair Tabor

Paul writes in 1 Thessalonians 5:18, "In all things give thanks..." Not for all things. In all things. In the midst of all things, conscious gratitude opens ways for light, love, joy and peace to flow. What are you facing now? If you are in dread or concern, you are adding cross-current energies to the situation and to your own energy field. Turn your focus around to find something for which to be grateful. Start small if necessary. "I am grateful for my eyes to see, for my ears to hear (even if you wish they worked better).

Omraam Mikhaël Aïvanhov writes, "Give thanks for what you have, for what you do not have, for all that gives you happiness, and for all that makes you suffer. In this way, you keep the flame of life alight within you. This is a law that you must know. Do this and you will see that before long, certain doors will open and blessings will begin to shower down upon you."

As you grow in gratitude, you will find a deep peace in the midst of all circumstances. That peace will enable you to see the activity of Spirit on each energy level of your existence. This will amplify your gratitude and bring even deeper peace.

I am grateful that you are reading this article. I am grateful that you are present to your ever-present spirit. I am grateful for you!



## The Camp Experience: Faith, Friendship & Fun!

Imagine a week-long sleepover jam-packed with epic adventures and your best buds by your side! What could possibly top that? Well, according to our Unity young gurus, not much at all! Every summer, the Southwest Region hosts a legendary camp at Lions Camp in Wrightwood. From thrilling activities like rock wall climbing and canoeing in the lake, to heart-to-heart chats, to groovy dancing to live tunes courtesy of the amazing Mark Welch, each day is a whirlwind of excitement! But the real magic? The pure joy of simply being together in the company of awesome friends! As 12-year-old Kiyas puts it, "This was the highlight of my summer!"



And let's not forget about the adult sponsors (helpers) who had a blast too! Nicole Osborne raved about the camaraderie, the shared joy of dancing and singing for God, and the warm fuzzies (hugs) given and received. Genuine connections and friendships blossom at camp!

Our Youth of Unity Sponsor, Ron Green, adds, "Everyone poured their hearts into creating an unforgettable experience for the campers. Unity truly feels like one big, welcoming family! The campers are already buzzing with excitement for next year - and the YOUers can't wait to step into the role of counselors."

Signing off for now, we leave you with our camp call and response chant:

Alright, alright, alright, alright, alright, Hey!  
 Clap, clap, clap-clap-clap  
 Clap, clap, clap-clap-clap  
 Clap-clap-clap, clap-clap-clap  
 Kid [Teen] Camp Rules!

By Afton Hostetler and Erin Hostetler

## Tony Medeiros, Our Hero Behind the Scenes

By Kathy Andrews

The Unity of Tustin sanctuary is buzzing with activity each Sunday, and among the busiest in the hive is Tony Medeiros, our AV technician. We are spotlighting Tony this month because he's an amazing guy with a surprising background, but only a few of us have chatted with him and gotten to know him. Maybe it's because the AV board is out of view.

Tony's father was born in the Azores Islands. He didn't own a pair of shoes until Tony's grandfather gave him a pair at the age of 18 when he got on the plane to come to the U.S.

In his youth, Tony was in a family band with both parents and his five siblings. They provided music for their trilingual (Spanish, English, and Portuguese) Catholic Church in California's Central Valley. He played piano (starting at age 5), clarinet, then classical guitar. He moved to Southern California to be the youth worship leader for the Mission Basilica in San Juan Capistrano, and held that position for 14 years.

Over the years, Tony was motivated to learn from other musicians about how they made their music sound better, which led him to start his own music production company. The company developed a diverse customer list, gaining clients primarily through word of mouth. Unity of Tustin was an early customer when around 2007, Bud Britt referred Tony to its choir director.

When he's not working, you'll find Tony relishing his time with Cherise, his wife of 35 years, and their five children, ages 7 to 20 years.



## Healing the World's Ills -- Myrtle Fillmore's Perspective



**Dear Myrtle:**

*By Kathy Andrews, based on Myrtle Fillmore's Healing Letters, Compiled by Frances W. Foulkes*

Dear Concerned,

You apparently understand that seeds symbolize divine ideas, and as expressions of God, we are His brain power, hands, and voice. It is through us that God expresses His ideas and blessings and brings forth Good in the forms in which we use them. You can give thanks for the wisdom to know what needs to be done, whether it be for wetlands or any other feature of Planet Earth.

There is an inexhaustible supply of divine ideas available. If you allow your mind to be filled with such gifts, you will know by divine intuition when you are doing what needs to be done. Your work is for the development and application of God-given faculties and powers for helping humanity and its home. If you make a mistake, that will be revealed, and a change of course will be offered. There will be nothing to forgive. You'll have a better understanding of what is needed, and you'll be led accordingly.

Your opinion of yourself as a failure is difficult to accept. To hold that viewpoint would lead to the belief that God is unable to work out His plan of life for you. That is not the Truth.

Signed,  
Myrtle

Dear Myrtle,

So much in the world needs healing. I worry that I'm not 'doing enough', or that my choices of actions haven't been the most effective. For example, I planted a lot of seeds with a wetlands conservancy, and I feel I failed because none of the seeds sprouted. What's your advice?

Signed,  
Concerned

## Commitments to Consciousness Fall Program SpiritGroup Schedule

All groups will meet on campus in the Youth and Family Life room unless otherwise indicated.

- **Sundays** - 1:00 pm to 2:30 pm with Holly Leo
- **Mondays** - 10:00 pm to 11:30 am with Kit Brown
- **Mondays** - 6:00 pm to 7:30 pm with Kathy Andrews
- **Wednesdays** - 2:30 pm to 4:00 pm with Irene Lara
- **Thursdays** - 6:30 pm to 8:00 pm with Gary Godshall
- **Fridays** - 1:00 pm to 2:30 with Amanda Hogie
- **Saturdays** - 4:00 pm to 5:30 pm with Sharareh Namjoo

Learn more about SpiritGroups on our website [www.unitytustin.org](http://www.unitytustin.org), the Sunday Welcome Table or email Kathy Andrews at [kathy@unitytustin.org](mailto:kathy@unitytustin.org)

## IN MEMORIAM:

By Harvey Beery



Dr. Jordan Paul Weiss  
1948-2024

Jordan spent his life as a Medical Doctor and Psychiatrist. Also, his Spirit Guides taught him healing, and directed him to the forefront of the emerging Spiritual Healing Field. He wrote 2 books and gave presentations in the USA and Europe. Yet, he developed medical problems of his own.

He left a legacy of loving healing at age 76.

### How to Access the Newsletter Online:

- Go to [UnityTustin.org](http://UnityTustin.org)
  - Click on the heading "About"
  - Click on "Community Updates"
  - Click on "Monthly Newsletters"
- or use the camera app on your phone to scan the QR code

