



## Bringing Community Together, One Dirty Car at a Time!

Unity of Tustin's Youth & Family Life extends a heartfelt "THANK YOU" to our congregation for the tremendous support at our recent car wash summer camp fundraiser! We are grateful for the opportunity to wash an impressive 62 CARS and to raise a total of \$2,001 in generous pledges and love offering donations! It was also delightful to see neighbors bringing their cars over, turning a simple car wash into a joyful community event!



Your contributions ensure more Unity kids and teens can participate in summer camp, an event we eagerly anticipate each year. Thank you to our awesome families, Youth Spiritual Guides (teachers and mentors) and Sponsors for helping us make it possible! Keep an eye out for pictures and stories from Unity Summer Camp this July.

Once again, thank you for your unwavering support. We truly appreciate everything you do for our YFL!

By Tustin Youth of Unity (YOU)

## The Secret Life of Rev. Shara

Hello, Beloved Unity of Tustin Community!

Beverly had the great idea for me to share some behind-the-scenes updates from my life. While you may think this means dating stories 😊, right now I'm most focused on my exciting move from New Mexico to Orange County! As my plethora of orange clothes showcases, I look forward to growing roots in OC and discovering how my lifestyle and vocation synergistically support each other in unexpected, life-affirming ways. I am on the lookout for an updated two-bedroom, available between July 15 and September 1, so keep me in mind if you know of any.



I regularly teach about the importance of embracing change, and now I'm living it. Grace received a Regent's scholarship and will be attending UNM in the Fall and Iven will stay in New Mexico to complete his Senior year—then he will take a gap year to travel and learn to surf 🏄, staying with me as his homebase.

So, we decided to end this chapter of our family with a bang. In June, the kids and I will spend three weeks in Poland helping run a lakeside English language camp with sailing and ropes courses, and then explore Krakow where I lived in my 20s.

While my move will come with a good dose of healthy grief, I have never seen my family thriving so radiantly—including me—and I am thrilled to jump into this new OC chapter with two very grateful feet ❤️

By Reverend Shara

## Sunday Supper: The Story and An Invitation!

Enrique, Sarah and Gene speak to the kindness and quality service they receive when they come to Sunday Supper. Enrique could not look anyone in the eye when he first attended. Now he says hello and shakes hands with Sandi the director of Sunday Supper. At the end of the evening, Sarah always finds Sandi and thanks her for all that the volunteers do. Gene gave five stars to our last Unity meal prepared by our Chef Natalie and crew. Guest's needs are top priority.



There is even a designated area to dine outside for those who bring their dogs. After dinner, guests may select from a variety of groceries, produce, and breads. Bus passes, warm jackets, pack backs, caps, and socks are available, as needed. Guests leave knowing they will be treated with respect and welcomed back the next week.

One of the most precious assets at Sunday Supper is its volunteers. They are the heart of this weekly service. Fifty-two weeks a year, rain or shine, volunteers from six local churches show up on their Sunday of service. Located at St. Paul's Episcopal Church, Sunday Supper has served thousands of nutritious meals since its start in 2010. Unity's next hosting of Sunday Supper is June 30. There are many ways to participate. Look for upcoming information in the News Blast. As per Rev. Shara, "Part of our radiant thriving is reaching out and connecting, touching and being touched by those in our greater community."

Info [susan@jongilmoredesigns.com](mailto:susan@jongilmoredesigns.com)

By Susan Gilmore

## Things to Do in LA and Orange County for ALL Ages!

Thank you to Seniors For Seniors for coming up with this great list of Entertainment Ideas for 2024. Seniors for Seniors meets the last Thursday of every month for a potluck lunch and group presentation, discussion or entertainment. Check out the list below for some fun ideas whether your 8 or 88!

### Museums:

- Lyon Air Museum 19300 Ike Jones RD., Santa Ana
- Hilbert Museum of CA, 167 N Atchison St, Orange
- Nethercutt Museum, 15151 Bledsoe St., Sylmar
- Peterson Automotive Museum, 6060 Wilshire Blvd, LA
- Marconi Automotive Museum, 1302 Industrial Dr. Tustin
- Heritage Museum of OC, 3101 W. Harvard ST, Santa Ana

### Walks:

- Laguna Canyon on Sunday evening, after the crowds go home.
- Laguna Beach Art Walk
- Jeffrey Open Space Trail, Irvine
- Newport Beach/Balboa area
- Newport Pier (free after 6pm)

### Parks and Gardens:

(Get an OC Park Senior Pass)

- Yorba Linda Regional Park, 7600 E La Palma, Anaheim
- Olvera Street, LA
- LBSU Japanese Garden
- Sherman Gardens, 2647 East Coast HWY, Corona Del Mar
- Oak Canyon Nature Center, 6700 E Walnut Canyon Rd., Anaheim
- Descanso Gardens, La Canada Flintridge
- UC Riverside Botanical Garden
- Santiago Park, Santa Ana Lawn Bowling
- Heritage Hill Historic Park, Lake Forest

## Unity's Labyrinth as a Spiritual Tool?

Unity of Tustin held its inaugural World Labyrinth Day event on Saturday, May 4th. Every year on the first Saturday in May, thousands of people around the globe participate in World Labyrinth Day as a moving meditation for world peace and a celebration of the labyrinth experience. Many "Walk as One at 1" local time to create a rolling wave of peaceful energy passing from one time zone to the next. The walk at Unity of Tustin was organized by Kathy Andrews, Joy Emig-Boyd, Sue Tyner, and Irene Lara. It was facilitated by Katie Bull, who is the Los Angeles representative of the Labyrinth Society and a Veriditas Trained Labyrinth Facilitator.

We all had an opportunity to learn more about labyrinths, participate in a meditative walk with those in attendance, and share about our experience in a sharing circle afterwards.

As a result of organizing and/or participating in this event, some of us are interested in creating a Labyrinth Ministry at Unity of Tustin. Does this call to you? Might you be interested in participating in some way, which could include pursuing training as a facilitator or simply helping to maintain the labyrinth and support labyrinth events? If you have any interest, please contact Sue Tyner at [suetyner@cox.net](mailto:suetyner@cox.net). We hope you will join us as we seek to highlight the labyrinth as one of the beautiful and sacred features of our grounds and elevate its use as a spiritual tool.

By Sue Tyner



## Walking The Labyrinth



**Begin with  
intention or  
prayer**

### **4 R's of Walking a Labyrinth**

- Remembering
- Releasing
- Receiving
- Returning

**Express gratitude**

**Journal**

## THE SACRED GROUNDS MINISTRY

We have a wonderful community with lovely buildings. So do many other churches! Physical features that make our church so unique, however, are the beautiful gardens and grounds. Visitors marvel at the size and beauty, and at the palpable sense of peace and sacredness they feel as soon as they enter the grounds and begin walking the garden paths.

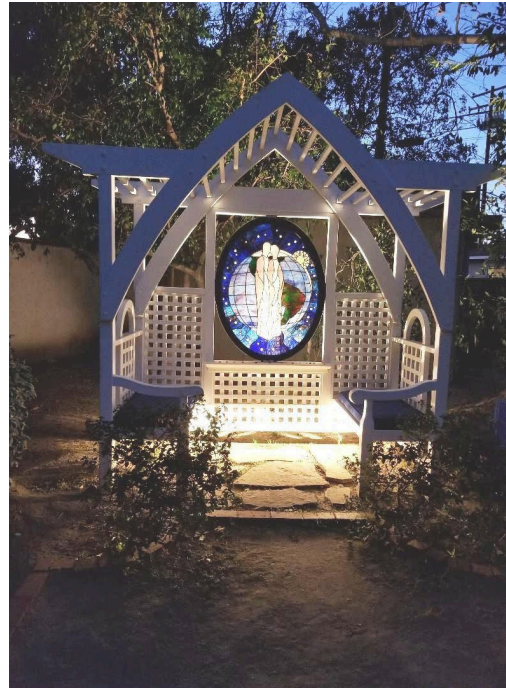
A natural setting such as this, with its variety of plants and sites, water features, and extensive lawns, requires constant attention. Three gardeners come once a week for a few hours. Several community service workers help out under Marco's direction. And, of course, we have **The Sacred Grounds Ministry**.

This Ministry consists of community members who are so dedicated to the gardens that they gather on a regular basis to weed, trim, mow, scrub, and beautify. This is serious physical work. You might assume they consider it a chore, yet they love it!

Pam is petite, stylish, and absolutely fierce in keeping much of the grounds tended and planted. Harvey, Bill, Lisa, Doug, Julie, Russell, Jack, Rose, and Meredith all feel they are an integral part of the gardens. Of special note is Steve Stoeckel, who has kept the creaky sprinkler system running for decades, as part of his sacred service.

**The Sacred Grounds Ministry** also provides vision and guidance to the community and Board as our gardens evolve and aspects need renewal. One doesn't need skill to join this Ministry - only a love for our gardens!

By Connie Carter



## Unity Classifieds

### PART TIME WORK AVAILABLE

Looking for a retired man or woman with office skills to do minimal work in a small office. Work includes packing products for shipping and taking to PO, filing (yes, I still use paper records), helping with matching supply lists to actual supplies for reordering, making sample kits, filling small bottles with distilled water, and other like activities. It is approximately 4-10 hours per month at \$20-25/ hour, cash. If you are a good fit, it could be more hours and/or money.

Contact Dr. Marah Cannon 714-900-5400 text & phone.  
Doctor of Chiropractic and Doctor of Naturopathic Medicine

#### How to Access the Newsletter Online:

- Go to [UnityTustin.org](http://UnityTustin.org)
  - Click on the heading "About"
  - Click on "Community Updates"
  - Click on "Monthly Newsletters"
- or use the camera app on your phone to scan the QR code

