



A Milestone Birthday! By Rev. Shara

Psst...guess who's having a Birthday? No, not me. Much better--our very own Unity Community! On Sunday, March 3, we will be celebrating 75 years! Isn't that amazing? Our recent testimonials demonstrate the transformative and positive impact our Unity community, teachings, and prayer have had on so many lives—including my own. Our dynamism and love are so compelling, it's even getting this desert-dweller to move to OC full-time (in just 6 short months!). So, please join me in celebrating our deeply meaningful past and future legacy. Let's affirm that we will be "Radiance Thriving" for a generation to come. And on Sunday, March 3, let's gather together and celebrate 75 years of our Unity community and joyfully affirm 75 more. We are divinely blessed ♥



Are You a Caregiver? By Bev Campbell

DO YOU.....

- Drive someone to medical appointments?
- Help shop or pick up groceries for another person?
- Help pay the bills for someone else?

If you responded "YES" to any of these, then YOU ARE A CAREGIVER!

Would you be interested in meeting twice a month for caregiver education and resources, peer support, and to receive input from Professionals who understand your situation?

St. Jude Hospital in Fullerton may partner with Unity of Tustin to offer a Family Caregiver Support Group here at Unity. This would be a free service with help and advice from experts

If you are interested, please contact Bev Campbell by phone or text at 714-473-4297, or email at bev.campbell444@gmail.com. I will contact you to get an idea of the number of people who feel they could benefit from this service. We'll go from there!



The Basics of Unity Meeting a Success - By Rev. Shara

On Sunday, February 4, 2024, at 1:00 pm, over 30 people gathered in a circle in the Sanctuary to learn about "Unity Basics". This congregation of inquiring minds learned and discussed such topics as "What is Unity", "Unity's Statement of Purpose", and the "Five Principles". The discussion and the interest displayed were both spirited! Attendees ranged from long-time Unity members to people interested in our Church who have attended only a few times.

More meetings of this kind will be held in the future, with everyone welcome.



UNITED IN LIGHT – Critique by Bev Campbell

Connie Carter, Director of the 2023 United in Light displays in our gardens during two evenings in December, convened a meeting on January 21, 2024 to critique the event. Many of the attendees had been volunteers who had been of service. There was general agreement that the gardens were beautiful those evenings, with new security lighting and colorful Christmas lights contributing. It was noted, however, that Friday evening was lightly attended with more people attending Saturday evening.



An issue that came to the fore was the small number of volunteers that turned out, and with that, the long hours required to properly display the gardens and meditation walk. It was noted that the Christmas season has many lighting events going on, and possibly some volunteers were committed elsewhere.

Margie Carrigan and her crew did a magnificent job on the boutique. Many volunteer hours were required to properly display and host this part of the event. We earned about \$2,000 this year from the sales. Other income included about \$1,080 for entry and bakery donations.

The goal of United in Light was to invite the neighboring community to our Gardens and the various meditation sites and labyrinth. We also welcomed family and friends of Unity. Volunteers worked hard and appreciated the community spirit that emerged.

Connie and committee members Harvey Beery, Julie Shafor, Kathy Andrews, Bev & Bruce McDougall, AJ Lipscomb, and Pam Wheeler will be meeting again for further assessment. We look forward to their ideas and decisions for the future. If you have any suggestions or concerns, please contact Connie Carter or Bev Campbell so that your input can be addressed.

A Prayer Chaplain's Perspective – By JonClaud Pinto

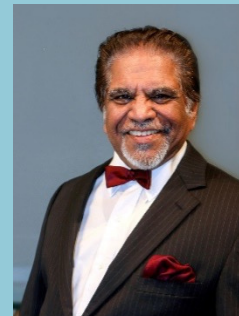
My role as a Prayer Chaplain has been full of surprises! I discovered that what I give to others turns out to be gifts to myself . . . that in Spirit, that which I give away is truly mine.

In serving others in prayer, I allow the Divine to guide my words and actions, and to create the intimacy required for healing. I affirm that all is in Divine Order, a Truth about which I believe strongly. I must be authentic to hold sacred space for others. I must be spiritually awake to do the necessary work, to "get out of the way", to make heart space available to those I serve, and to be worthy of this sacred service. Being surrounded by like-minded Prayer Ministry partners helps with it all.

By praying with others, I become transformed by the renewing of my mind. Calling upon the Holy Spirit in my heart space becomes second nature to me, and I rely on it for guidance and insight. I am blessed through this service.

As a Prayer Chaplain, I've shared responsibility for "Holding Prayerful Space" for major events in our community. A "Remembrance Service" after Covid was an example. Others include the annual "Blue Christmas" and the "World Day of Prayer."

The primary responsibility that each of us Prayer Chaplains have is making monthly calls to 10 to 12 congregants. I do it right from home, taking about an hour of my time. This experience has been of major benefit to me for my own spiritual growth, and I like to think that over time praying has become easier and more meaningful to me.



Empowering Our Youth for Mindful Living – By Erin Hostetler

Our Youth and Family Life program (YFL) provides a warm space to explore Unity principles and gain practical tools for mindful living inspired by values of compassion, gratitude, diversity, and service. We are empowering the youth of our church to live happy, heart-centered lives through experiential lessons encouraging authentic expression and spiritual growth.

The Alpha Generation – the youth of today – is the promise and potential for a more compassionate, self-

realized, liberated world for one and all. Youth and Family Life aims to empower youth to be advocates for the true, right and good they believe in through using Unity's Living Curriculum and other spiritual modalities. The Living Curriculum is an approach or philosophy which affirms that the "curriculum" already lives within every individual. It provides a process of spiritual support to assist children, teens, families and the spiritual community in co-creating a world that works for all. It expands us beyond the belief that teachers or adults have all the answers. In YFL, honoring the heart is paramount while illuminating a realization that all of us are uniquely unfolding on our own spiritual path, with access to Spirit within.

YFL currently consists of 50 youth participants and 12 youth spiritual guides. Our vision and energy are moving us forward in manifesting the re-emergence of a robust Youth of Unity, with intentions to bring forth a parent group, meaningful collaborations with the Unity Southwest Region, greater Tustin community outreach, classroom renovations, additional volunteers, and a budget for off-campus experiences. We welcome your interest, questions, and support.
Erin Hostetler



We Are the MUTs! – By Gary Godshall

Our Tustin Men of Unity ministry, affectionally called MUTs, offers support for one another with an underlying theme of spiritual fellowship and service. At our bi-weekly gatherings, we check in with each other, pray, and discuss topics ranging from applying spiritual practices in our daily lives to overcoming personal challenges. We explore the nature and growth of individual and collective consciousness.

We love getting together for the friendship and support gained from our connection that may not be readily available elsewhere. We share how we can be our best selves with our families, other relationships, community involvement, health care, career challenges, and retirement planning.

We have fun gathering for social events. Recently we enjoyed a mountain weekend retreat, toured Newport Harbor, created a beach gathering, and shared meals at local restaurants. We are currently looking at a trip to a local ball game, hiking the Shrine Trail next to the Ramakrishna Monastery, and touring the Long Beach Harbor and the Queen Mary.

As part of our mission, we are honored to serve our church. We look forward to barbecuing for our community picnics and helping to setup for special events. Our members are involved in many of our church ministries, such as the choir, the governing board, hospitality, prayer ministry, youth and family ministry, and Spirit Groups. We meet in the church on the 2nd and 4th Tuesdays, 6:00 to 7:30. If you're interested in joining us, just come to a meeting!



In Remembrance of Kay Hultgren

Kay Hultgren will be sorely missed. She was a long-time, devoted member of Unity of Tustin. She dedicated herself to our bookstore and was a valued member of the Tuesday morning Mystical Book Study group.



KAY

We will miss your Presence! You were our
Rose in the Garden of Life! You're the Rose
that Will Never Wilt! The Lessons that We
Have Learned Made Us Aware of the Power
that We Hold! So, with this We Live Our Lives
with the Assurance of Our Spiritual Bonding
Now & Forever!

Don Teters, U.o.T. Prayer Poet